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|  | **DURING THE CORONAVIRUS EMERGENCY**  **WE ARE NOW OFFERING A HOME DELIVERY SERVICE**  Available for Postcodes: NR1 – NR7  Minimum order value: £20  Please indicate what quantity you need and email the completed form to [eat@thegreengrocers.co.uk](mailto:eat@thegreengrocers.co.uk) | | |
| **Name** | **Address** | **Phone number** | **Date you want it delivered** |
| **Email** |
| **Product** | **Weight / each** | **Price £** | **Weight/quantity needed** |
| **VEGETABLES –** *Prices as of 18th April 2020*  For future orders, please always download a new order form from our website, as our order form is updated daily with up to date prices and new special offers. In these challenging times, we are working closely with our suppliers to ensure continued supply and to keep our prices as low as possible. Prices may vary. | | | |
| Norfolk Asparagus !!! | Bunch | £3.25 |  |
| Aubergine | Each | £1.10 |  |
| Broccoli | 1kg | £5.49 |  |
| Carrots | 1kg | £1.30 |  |
| Cabbage | Each (Large) | £2.75 |  |
| Courgette | Each | £1.15 |  |
| Fennel | 1kg | £2.99 |  |
| Garlic | 100g | £0.75p |  |
| Ginger | 100g | £0.50p |  |
| Baby Gem Lettuce | Bag of two | £1.50 |  |
| Mushrooms Brown | 100g | £0.55p |  |
| Mushrooms flat | 100g | £0.45p |  |
| Onions Yellow | 1KG | £0.89 |  |
| Onions Red | 1KG | £1.10 |  |
| Red Pepper | 100g | £0.59p |  |
| Potatoes Bakers | 1KG | 0.89P |  |
| Potato Red | 2KG Bag | £2.25 |  |
| Potato White | 2KG Bag | £2.25 |  |
| Potato News | 1KG Bag | £1.50 |  |
| Sweet Potato | 1kg | £2.75 |  |
| Tomato Vine | 100g | £0.30p |  |
| Tomato Cherry | 100g | £0.57p |  |
| Rocket | Punnet (approx. 100g) | £1.75 |  |
| Mixed Salad | Punnet (approx. 100g) | £1.89 |  |
| **FRUIT -**  *Prices as of 18th April 2020* | | | |
| Avocado | each | £1.69 |  |
| Apples | 1KG | £2.75 |  |
| Bananas | 1KG | £1.99 |  |
| Blueberries | punnet | £2.25 |  |
| Raspberries | punnet | £2.25 |  |
| Grapes (seedless green or red) | Bag | £3.75 |  |
| Grapefruit | Each | £0.75p |  |
| Orange | Each | £0.50 |  |
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| **BREAD** | | | |
| White Bread | Large 800g | £2.49 |  |
| Brown | Large 800g | £2.49 |  |
| 5 seed | Large 800g | £3.25 |  |
| Sourdough | 1kg | £3.25 |  |
| 100% Rye | 400g | £3.00 |  |
| 3 Seeded Spelt | 400g | £2.95 |  |
| Ciabatta | 400g | £2.20 |  |
| Potato & Rosemary | 800g | £3.25 |  |
| Rolls – White, Brown, Granary | X4 | £2.25 |  |
| Plain Bagels (contain egg) | X4 | £2.75 |  |
| Sesame Bagels (contain egg) | X4 | £3.00 |  |
| Poppy seed Bagels (contain egg) | X4 | £3.00 |  |
| English breakfast muffins | X4 | £2.50 |  |
| Brioche Burger Buns (butter/egg) | X4 | £4.00 |  |
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| **DAIRY** | | | |
| Whole Milk | 1L | £1.10 |  |
| Semi- skimmed Milk | 1L | £1.10 |  |
| Whole Milk | 2L | £1.99 |  |
| Semi- skimmed Milk | 2L | £1.99 |  |
| Butter Salted | 250g | £1.89 |  |
| Butter Unsalted | 250g | £1.89 |  |
| Eggs | X6 | £1.50 |  |
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| **MILK ALTERNATIVES** – soya, oat, rice, almond, coconut, hemp | | | |

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| **DJ Barnard Meats** | Weight/Price | Please tick and we will supply 1 pack |
| **Please note weight & prices are as a guide. Individual packs may vary in weight & price** | | |
| Dry Cured Back bacon (smoked) | 250g £3.69 |  |
| Dry Cured Back bacon (un smoked) | 250g £3.69 |  |
| Dry Cured Streaky bacon (smoked) | 250g £3.04 |  |
| Sausages (Cumberland, Lincolnshire, Pork) | 350g £3.17 |  |
| Home cooked ham | 250g £4.69 |  |
| Beef Minced | 500g £4.05 |  |
| Beef Diced | 500g £5.00 |  |
| Lamb Diced | 500g £5.40 |  |
| Pork Diced | 500g £4.75 |  |
| **Other:** | | |
| We stock over 9000 products catering for all dietary requirements.  **free from, Vegan**, **Milk Alternative**, **Gluten free**,  Please add below any specifics you would like: | | |

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| **SPECIAL OFFERS** |  | Tick if wanted |
| **Dunsters Grated mild cheddar 1kg** | **£5.99** |  |
| **Baron Bigod 1kg (Local award winning unpasteurised Brie)** | **£20.00** |  |
| **Binham Blue 250g wedge** | **£4.99** |  |
| **Smoked Lincolnshire Poacher 250g** | **£4.99** |  |
| **Goats cheese (log) approx. 500g** | **£4.99** |  |
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| Brindisa Cooking mini Chorizo (hot) approx. 250g | £2.99 |  |
| Brindisa Cooking Chorizo (hot) approx. 300g | £4.99 |  |
| Brindisa Cooking mini Choriza (mild) approx. 250g | £2.99 |  |
| Brindisa Cooking Choriza (mild) approx. 300g | £4.99 |  |
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| **Marsh Pig – Handmade in the Norfolk from British free-range pork/beef** |  |  |
| Venison & Sloe Gin Salami 180g | £6.99 |  |
| Truffle Salami 180g | £6.99 |  |
| Smoked Pancetta 150g | £5.49 |  |
| Bresaola ( air-dried beef) 50g | £4.99 |  |
| Fennel Salami (100g) | £5.50 |  |
| Garlic & black pepper salami 100g | £5.50 |  |
| Selection pack – Fennel salami, Red wine & thyme salami, Lomo, Bresaola 100g | £6.50 |  |
| Red Wine & Black pepper salami 100g | £5.50 |  |
| Coppa (air dried pork) 60g | £4.99 |  |